

14512 Woodcrest Drive
Rockville, Maryland 20853
April 17, 1969

Dr. Joshua Lederberg
Stanford University Medical School
Palo Alto, California

Dear Dr. Lederberg,

I was most interested in reading your article which appeared recently in the Washington Post concerning the need for chromium in our diet.

As several members of my family suffer from relative hypoglycemia, characterized by abnormally low blood sugar levels, I am most eager to learn of any additional articles on this subject available to the layman. I am particularly anxious to find out the best sources of food for this trace mineral, or if safe supplements are available.

I have greatly enjoyed your series of articles on heredity and nutrition which the Post has published.

Sincerely,

Mrs. Selma Taffel

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I would not take the responsibility for self-experimentation. You, or your physician, might however wish to consult with an experienced nutritionist, for example, Dr. Bacon Chow at the Johns Hopkins School of Public Health in Baltimore.

Sincerely

J.L.